

Table 1. Characteristics of the sample (*n* = 110)

Demographics	N (%)	Clinical	N (%)
Age (mean ± SD)	60.3 ± 12.3	Diabetes	
Gender male	67 (60.9)	Type I	16 (14.5)
Marital status		Type II	94 (85.5)
Married/cohabitation	67 (60.9)	Years diagnosed (mean ±SD)	17.4 ± 7.4
Single/divorced/widowed	43 (39.1)	Infected ulcer (yes)	76 (69.1)
Educational status		Previous amputation (yes)	14 (12.7)
Primary/secondary	73 (66.4)	Revascularization history (yes)	7 (6.4)
Tertiary	37 (33.6)	>50% lower limb vascular stenosis	42 (38.2)
Work status		NDS	
Employed	39 (35.5)	0-2	18 (16.4)
Unemployed/housekeeping	22 (20.0)	3-5	39 (35.4)
Retired	49 (44.5)	6-8	45 (40.9)
		9-10	8 (7.3)
Classification of ulceration¹		NSS	
Grade I-A: non-infected, non-ischemic, superficial	28 (25.5)	0-2	22 (20.0)
Grade I-B: infected, non-ischemic, superficial	35 (31.8)	3-4	34 (30.9)
Grade I-C: ischemic, non-infected, superficial	2 (1.8)	5-6	36 (32.7)
Grade I-D: ischemic and infected, superficial	5 (4.5)	7-9	18 (16.4)
Grade II-A: non-infected, non-ischemic, penetrates to tendon or capsule	9 (8.2)	Diabetic complications	
Grade II-B: infected, non-ischemic, penetrates to tendon or capsule	15 (13.6)	0	31 (28.2)
Grade II-C: ischemic, non-infected, penetrates to tendon or capsule	-	1	46 (41.8)
Grade II-D: ischemic and infected, penetrates to tendon or capsule	6 (5.5)	+2	33 (30.0)
Grade III-A: non-infected, non-ischemic, penetrates to bone or joint	-	Comorbidities	
Grade III-B: infected, non-ischemic, penetrates to bone or joint	8 (7.3)	0	33 (30.0)
Grade III-C: ischemic, non-infected, penetrates to bone or joint	-	1	54 (49.1)
Grade III-D: ischemic and infected, penetrates to bone or joint	2 (1.8)	+2	23 (20.9)

¹According to University of Texas Wound Classification System of Diabetic Foot Ulcers